

# Bouncing Back From Job Loss

If you are one of the many who have unexpectedly found yourself in the middle of a job search, come to a community outreach event designed to help you!

This event is **FREE** and **OPEN** to the public with free daycare provided



- Networking for Success
  - Resumes that work
    - Find the Jobs
  - Interviewing to Win
- 4 Simple Steps to a Great New Job
  - Support During Job Transition
- Resiliency and Self Care During Tough Economic Times

Headwaters Relief Organization invites you to attend a community event featuring Catherine Breet-Byers of Arbez, Inc. ([www.changeyourstripes.net](http://www.changeyourstripes.net)) and Dr. Deborah Fisher who will help job seekers gain control of their lives and their job search.

Bringing together nationally recognized talent and tactics, the event will offer a rare opportunity to get answers on both the tactical (“How do I find - and get - a job?”) and the emotional (“How am I going to get through this?”) aspects of job hunting. Being able to manage both issues well is critical to finding work fast. Please join us as we share tips and tools to help find work faster and easier. Mental Health support is also available.

**RSVP: 763-450-5050 or [info@zenithservices.com](mailto:info@zenithservices.com)**

**March 19, 2009 4:00-7:00pm**

**9400 Golden Valley Road**

**Golden Valley, MN 55427**

**(Northeast corner of Highways 169 and 55)**